

# *Spiritual, Religious and Pastoral Care near the end of life*

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Charming

Intelligent

Dippy

Fun

Hurt

Compassionate

Sleepy

Charming

Intense

Wise

Thoughtful

Think of 3 words to describe you!!

Helpful

Considerate

Passionate

Curious

Nosey

Considerate

Dopey

Hard working

Angry

Loving

Spiritual

Practical

Pensive

What would you most have liked to have achieved by the time you die?

Who would you want to have become by the time you die?

What would you be most anxious about leaving / letting go of?

# Your Funeral Service

*How would you want to be remembered?*



What have you found matters most to you in your life?

Write 3 things you would want people to say of you at your funeral.

Name one piece of music you would like played, or one reading you would like read at your funeral.

*Talk to the person next to you about what you have written.*

Your story shapes how  
and what you hear!

## Words

I don't take your words  
Merely as words.  
Far from it.

I listen  
To what makes you talk –  
Whatever that is –  
And me listen.

*Takahashi*



# OUR GREATEST FEAR

Dying  
Matters

*Let's talk  
about it*

**How scared are you of the following happening to you?**

- Dying in pain 83%
- Being told you are dying 67%
- Dying alone 62%
- Dying in hospital 59%

**Compare with:**

- Going bankrupt 41%
- Divorce/end of a long-term relationship 39%
- Losing their job 38%

*Comres 2011*

[www.dyingmatters.org](http://www.dyingmatters.org)



# Spirituality in Healthcare

- 'Gold Standards Framework' (2000)
- NICE Guidance
- 'Royal College of Nursing Spirituality Survey' (2010)
- NHS Chaplaincy Guidelines 2015

*Promoting Excellence in Pastoral, Spiritual and Religious Care*

... but what do we mean by spirituality?



**Table 3.5 Members' perceptions of spirituality**

Item and statement in SSCRS	Strongly disagree		Disagree		Uncertain		Agree		Strongly agree	
	Freq	%	Freq	%	Freq	%	Freq	%	Freq	%
I believe spirituality is concerned with a need to forgive and a need to be forgiven	447	12.0	806	20.3	1032	25.9	976	24.5	687	17.3
I believe spirituality involves only going to church/place of Worship	2721	68.2	1009	25.3	98	2.5	63	1.6	98	2.5
I believe spirituality is not concerned with a belief and faith in a God or Supreme Being	954	24.0	1027	25.9	731	18.4	778	19.6	478	12.0
I believe spirituality is about finding meaning in the good and bad events of life	176	4.4	401	10.1	647	16.3	1841	46.3	914	23.0
I believe spirituality is about having a sense of hope in life	107	4.4	401	10.1	647	16.3	1841	46.3	914	23.0
I believe spirituality is to do with the way one conducts one's life here and now	147	3.7	353	8.9	572	14.4	1728	43.6	1167	29.4
I believe spirituality is a unifying force which enables one to be at peace with oneself and the world	203	5.1	281	7.1	663	16.8	1544	39.1	1254	31.8
I believe spirituality does not include areas such as art, creativity and self expression	1459	36.9	1548	39.1	556	14.1	255	6.4	138	3.5
I believe spirituality involves personal friendships, relationships	97	2.4	323	8.2	684	17.3	1763	44.5	1093	27.6
I believe spirituality does not apply to atheists or agnostics	2021	51.0	1165	29.4	415	10.5	182	4.6	183	4.6
I believe spirituality includes peoples' morals	206	5.2	416	10.5	817	20.6	1719	43.3	813	20.5

“Spirituality is identified with experiencing a deep seated sense of meaning and purpose in life, together with a sense of belonging. It is about acceptance, integration and wholeness.” (Royal College of Psychiatrists. 2011)

“Spiritual care is concerned with accompanying people on a journey from the circumferences of their lives to the centre of what is really important to them.”

(Richard Rohr. SSF)

The spiritual life is a matter of becoming who you really are.

(Richard Rohr. SSF)

Your *spiritual journey* is the journey to the centre of you and to the centre of what matters most for you. Your *spirituality* is how you express that journey and what nourishes you on the way.

# QEHB Chaplaincy Team



Revd. Richard Wharton  
Anglican Chaplain  
Team Leader



Rakesh Bhatt  
Hindu Chaplain



Maureen Foxall  
Methodist Chaplain



Revd. Jackie Gayle  
Free Church Chaplain



David Harrison  
Anglican Chaplain



Mawlana Akm  
Kamruzzaman



Fr Charles Miller  
Roman Catholic Chaplain



Deacon Peter Middleton  
Roman Catholic Chaplain



Rehanah Sadiq  
Muslim Chaplain



Joga Singh  
Sikh Chaplain



Revd Richard D Rowe RN,  
(QEHB RCDM)



Man Kaur  
Administrative Assistant



Rabbi Jacobs  
Honorary  
Jewish Chaplain



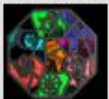
Dharmachari Mahasiddhi  
Honorary  
Buddhist Chaplain



Uzma Rafique  
Honorary  
Muslim Chaplain



Parkash Sohal  
Honorary  
Sikh Chaplain



To contact the Chaplaincy Department ext 14574 or 14570  
If the matter is urgent please contact the switchboard and ask them to  
contact the appropriate on-call or duty chaplain.

# Practical Needs of Patients from Different Faiths - Buddhists



- Meditation, Mindfulness & Medication
- Chanting & scriptures
- It is acknowledged that consciousness may continue after death, so chanting may continue

# Practical Needs of Patients from Different Faiths - Christians



- Prayer, companionship, scriptures & sacraments.

# Practical Needs of Patients from Different Faiths - Hindu



## Approaching death

- Hindu priest or Chaplain.
- Hymns and readings from Gita
- Receive 'Ganjajal' and sacred Tulsi leaf in the mouth by relatives
- Great care needed re any statues of Deities.
- Patients may wish to lie on the floor



# Practical Needs of Patients from Different Faiths - Jewish



Recitations:

‘Confession on a Death Bed’, Schema & Psalms

Jewish Burial Society

Collect body of the deceased & perform ritual wash

Different Jewish Communities in Birmingham



# Practical Needs of Patients from Different Faiths – Muslim



- Presence of Imam.
- Recitations from Koran, and declaration of the *Shahada*
- Often large numbers wanting to pay respects.
- Patient may wish to have face turned / inclined towards Mecca (south east).
- Soon after death, ritual washing of the body by trained same-sex Muslims: usually in Mosque.
- Quick release

# Practical Needs of Patients from Different Faiths - Sikhs



- Recitations from *Guru Granth Sahib: the living guru*
- May wish to have sanctified water (sometimes referred to as Amrit) in mouth.
- Health workers, should not cut hair or beard.
- 5K's should remain on body.
- Body should be covered with plain white cloth.



**Kanga**



A special comb that represents cleanliness

**Kesh**

This is the uncut hair which symbolises spiritual power



**Kara**



A steel bangle, symbolising unity, of self and a process of constant learning

**Kirpan**

A Sikh sword, a symbol of respect and justice



**Kachera**



A special pair of shorts. These are a symbol of modesty

## Faith and Community Compendium



About



Faiths and beliefs



Communities



Sexualities



Gender identities



Engagement with third  
sector stakeholders



Any Questions?